

Food supplement with vitamins, the coenzyme Q10 and the trace element selenium. Vitamin C contributes to normal collagen formation for normal functioning of the blood vessels, and to normal energy metabolism. Thiamine contributes to normal functioning of the heart.

Ingredients: Coenzyme Q10, Calcium Ascorbate, Hydroxypropyl Methylcellulose (vegetarian capsule shell), Stabiliser: Microcrystalline Cellulose; Thiamine, Release agent: Magnesium Salts of Edible Fatty Acids; Sodium Selenite.

1 capsule contains: Coenzyme Q10 - 100 mg, Vitamin C - 90 mg = 112*, Thiamine - 1.1 mg = 100*, Selenium - 55 µg = 100* * = % of the Nutrient Reference Value (NRV) under the EU Regulation on the provision of food information to consumers.

Information for diabetics: 1 capsule contains 0.01 CE (carbohydrate exchange) units.

Recommended dose: Take 1 capsule daily with plenty of fluid.

Storage: Store this product in a cool, dry place and away from direct sunlight.

Orthomolecular medicine – derived from the Greek word “ortho” (meaning “correct” or “proper”) and the Latin word “molecula” (meaning “small mass/part”) – is based on the assumption that the health of a person is influenced by a certain balance of micro- and macronutrients within the body. In order to maintain and ensure this balance, orthomolecular nutritional science focuses on the question of the “right particles” (nutrients) and their respective quantity/dosage in the nutrition recommended for a particular purpose.

Best before end: See date on base of container.

Caution: Do not exceed the recommended daily dose. Food supplements should not be viewed as a substitute for a balanced and varied diet and a healthy lifestyle. Keep the products out of sight and reach of children. This product should not be taken by women who are pregnant or breastfeeding, or by children and young adults below the age of 18.

Contents: 60 capsules / 25 g

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NATURA  **VITALIS®**

PREMIUM QUALITY



COENZYME
Q10
100 mg

**- HIGH-STRENGTH -
ORTHOMOLECULAR
RECOMMENDATION**

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SUITABLE FOR
VEGETARIANS

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